

# Learn to Swim at the Maywood Pool

**GROUP SWIM LESSONS SUMMER 2025**

**8 Lessons/Session**

**Residents: \$100/Session**

**Non-Residents: \$150/Session**

**REGISTER ONLINE OR AT THE POOL**

**Session 1: 6/23/25 - 7/3/25**

**Session 2: 7/7/25 - 7/17/25**

**Session 3: 7/21/25 - 7/31/25**

 **NEW!!!!** 

**REDUCED PRICES FOR SUMMER 2025**

**In-Person Swim Lesson Registration AT THE POOL**

**(1 Brook Avenue, Maywood)**

**4 PM TO 6 PM June 19, 2025**

**From Saturday, 6/21/25 to Monday, 7/21/25... register for lessons at the pool any time during regular pool hours.**

**Visit [Maywoodnj.com](http://Maywoodnj.com) for lesson schedules & other helpful information**





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8 Lessons/Session

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## HOW TO CHOOSE THE RIGHT GROUP

Course	Purpose	Prerequisite
<p>Learn to swim:</p>  <p><b>Minnow Group</b></p> <p>30-minute lesson</p>	<ul style="list-style-type: none"> <li>• Orient people with the water and gain confidence</li> <li>• Entrance and exit of the pool</li> <li>• Introduce basic swimming skills</li> <li>• Introduce freestyle and elementary backstroke</li> <li>• Swim 10 feet on your own</li> </ul>	<ul style="list-style-type: none"> <li>• No skill required</li> <li>• Ages 4 and up</li> </ul>
<p>Learn to swim:</p>  <p><b>Goldfish Group</b></p> <p>30-minute lesson</p>	<ul style="list-style-type: none"> <li>• Jumping into the pool</li> <li>• Improve comfort in water</li> <li>• Continue refining freestyle &amp; elementary backstroke skills</li> <li>• Introduce backstroke</li> <li>• Build on back float &amp; elementary backstroke</li> <li>• Swim 25 feet on your own</li> </ul>	<ul style="list-style-type: none"> <li>• Successful completion of Minnow level skills</li> </ul>
<p>Learn to swim:</p>  <p><b>Stingray Group</b></p> <p>30-minute lesson</p>	<ul style="list-style-type: none"> <li>• Focus on improving freestyle and backstroke</li> <li>• Introduce breaststroke and sidestroke</li> <li>• Diving from the side of the pool</li> <li>• Swim the length of the pool</li> </ul>	<ul style="list-style-type: none"> <li>• Successful completion of Goldfish level skills</li> </ul>
<p>Learn to swim:</p>  <p><b>Barracuda Group</b></p> <p>30-minute lesson</p>	<ul style="list-style-type: none"> <li>• Improve breaststroke and sidestroke</li> <li>• Introduce butterfly stroke</li> <li>• Introduce flip turns</li> <li>• Diving from the side of the pool</li> </ul>	<ul style="list-style-type: none"> <li>• Successful completion of Stingray level skills</li> </ul>


Ages 4+ for all lessons. If you are registering online and have a question about skill level, please register for the lower skill level, assessments will be provided at the first lesson.

For all other questions, please e-mail us at [Maywoodpool@maywoodboro.org](mailto:Maywoodpool@maywoodboro.org)

## PRIVATE SWIM LESSONS SUMMER 2025

Residents: \$30/Lesson

Non-Residents: \$35/Lesson

<p>Learn to swim:</p>  <p><b>Private Lessons</b></p> <p>30-minute lesson</p>	<ul style="list-style-type: none"> <li>• Open to Adults &amp; Children</li> <li>• Children 4 &amp; older</li> <li>• Level Assessment will be determined at the time of first lesson</li> </ul>	<ul style="list-style-type: none"> <li>• ALL skill levels welcome</li> </ul>
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# SCHEDULE SUMMER 2025

## GROUP SWIM LESSONS

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Non-Residents: \$150/Session



# Minnow

**Weekdays Mon-Thurs.**

**Session 1A: 8:00 to 8:30 AM 6/23/25 to 7/3/25**

**Session 2A: 8:00 to 8:30 AM 7/7/25 to 7/17/25**

**Session 3A: 8:00 to 8:30 AM 7/21/25 to 7/31/25**

**Session 1B: 8:30 to 9:00 AM 6/23/25 to 7/3/25**

**Session 2B: 8:30 to 9:00 AM 7/7/25 to 7/17/25**

**Session 3B: 8:30 to 9:00 AM 7/21/25 to 7/31/25**

**Session 1D: 4:00 to 4:30 PM 6/23/25 to 7/3/25**

**Session 2D: 4:00 to 4:30 PM 7/7/25 to 7/17/25**

**Session 3D: 4:00 to 4:30 PM 7/21/25 to 7/31/25**

**Session 1E: 4:30 to 5:00 PM 6/23/25 to 7/3/25**

**Session 2E: 4:30 to 5:00 PM 7/7/25 to 7/17/25**

**Session 3E: 4:30 to 5:00 PM 7/21/25 to 7/31/25**

**Session 1C: 5:30 to 6:00 PM 6/23/25 to 7/3/25**

**Session 2C 5:30 to 6:00 PM 7/7/25 to 7/17/25**

**Session 3C: 5:30 to 6:00 PM 7/21/25 to 7/31/25**

**Click link below to register for Lessons  
online through Community Pass**

**[register.capturepoint.com](https://register.capturepoint.com)**

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## Goldfish

**Weekdays Mon-Thurs.**

**Session 1A: 9:00 to 9:30 AM 6/23/25 to 7/3/25**

**Session 2A: 9:00 to 9:30 AM 7/7/25 to 7/17/25**

**Session 3A: 9:00 to 9:30 AM 7/21/25 to 7/31/25**

**Session 1B: 9:30 to 10:00 AM 6/23/25 to 7/3/25**

**Session 2B: 9:30 to 10:00 AM 7/7/25 to 7/17/25**

**Session 3B: 9:30 to 10:00 AM 7/21/25 to 7/31/25**

**Session 1D: 5:00 to 5:30 PM 6/23/25 to 7/3/25**

**Session 2D: 5:00 to 5:30 PM 7/7/25 to 7/17/25**

**Session 3D: 5:00 to 5:30 PM 7/21/25 to 7/31/25**

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## Stingray

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**Session 1A: 10:00 to 10:30 AM 6/23/25 to 7/3/25**

**Session 2A: 10:00 to 10:30 AM 7/7/25 to 7/17/25**

**Session 3A: 10:00 to 10:30 AM 7/21/25 to 7/31/25**

**Session 1B: 10:30 to 11:00 AM 6/23/25 to 7/3/25**

**Session 2B: 10:30 to 11:00 AM 7/7/25 to 7/17/25**

**Session 3B: 10:30 to 11:00 AM 7/21/25 to 7/31/25**

**Session 1D: 6:00 to 6:30 PM 6/23/25 to 7/3/25**

**Session 2D: 6:00 to 6:30 PM 7/7/25 to 7/17/25**

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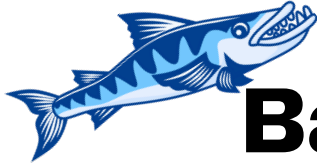
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## Barracuda

**Weekdays Mon-Thurs.**

Session 1A: 11:00 to 11:30 AM 6/23/25 to 7/3/25

Session 2A: 11:00 to 11:30 AM 7/7/25 to 7/17/25

Session 3A: 11:00 to 11:30 AM 7/21/25 to 7/31/25

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## Private

### Fridays AM (Single Sessions)

Choose available date(s):

6/27/25, 7/4/25, 7/11/25,  
7/18/25, 7/25/25  
and/or 8/1/25

Choose available time(s):

8:00 AM, 8:30 AM,  
9:00 AM, 9:30 AM  
10:00 AM, 10:30 AM

### Fridays PM (Single Sessions)

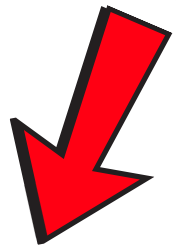
Choose available date(s):

6/27/25, 7/4/25, 7/11/25,  
7/18/25, 7/25/25  
and/or 8/1/25

Choose available time(s):

8:00 AM, 8:30 AM,  
9:00 AM, 9:30 AM  
10:00 AM, 10:30 AM

**NEW!**



## Note on Private Lessons

We strongly recommend a **MINIMUM** of 4 lessons/swimmer

### In-Person Swim Lesson Registration

**AT THE POOL**

(1 Brook Avenue, Maywood)

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**More Private Lesson Session Dates and Times**



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## Private

**Saturdays and/or Sundays  
(Single Sessions)**

Choose  
available  
date(s):

6/28/25, 6/29/25, 7/5/25,  
7/6/25, 7/12/25, 7/14/25,  
7/15/25, 7/21/25, 7/22/25,  
7/28/25, 7/29/25, 8/2/25,  
8/3/25  
and/or 8/1/25

Choose  
available  
time(s):

10:00 AM, 10:30 AM,  
11:00 AM, 11:30 AM  
12:00 PM, 12:30 PM

**NEW!**



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