

## GET CONNECTED



1. Learn how life transitions associated with aging can lead to problems with alcohol and medications.
2. Learn the warning signs of an alcohol or medication problem and how these signs are hard to detect among older adults.
3. Learn how prevention and screening can help identify a need for help.

### **Maywood Recreation Center**

**145 W Magnolia Avenue**

**Thursdays: March 6, 13 & 20**

**10 am – 11 am**

**Snacks will be Served!**

Limited Seating - Reservations Required (201) 845-2900 x 208  
or [lschieli@maywoodboro.org](mailto:lschieli@maywoodboro.org)