

**Maywood Board of Health & Community Health  
Improvement Partnership of Bergen County  
invite you to a FREE healthy eating tour of**



*with a Registered Dietitian Nutritionist*

**Thursday, April 19, 2018**

**6pm – 7:30pm**

**Whole Foods Market Paramus**

**Bergen Town Center**

Read & understand food labels

Make healthy choices & avoid common mistakes

Spaces are limited!

Register with Marla Klein at

[mklein@co.bergen.nj.us](mailto:mklein@co.bergen.nj.us) or 201-634-2693



**Community Health  
Improvement Partnership**

**OF BERGEN COUNTY**

[www.healthybergen.org](http://www.healthybergen.org)