

**Maywood Board of Health & Community Health
Improvement Partnership of Bergen County
invite you to a FREE healthy eating tour of**



with a Registered Dietitian Nutritionist

Tuesday, May 2, 2023

6:30pm

**Whole Foods Market Paramus
Bergen Town Center**

Read & understand food labels

Make healthy choices & avoid common mistakes

Spaces are limited!

Register with Marla Klein at

mklein@co.bergen.nj.us or 201-634-2693



**Community Health
Improvement Partnership**

OF BERGEN COUNTY

www.healthybergen.org