

**Maywood Board of Health & Community Health
Improvement Partnership of Bergen County
invite you to a FREE healthy eating tour of**



with a Registered Dietitian Nutritionist

Tuesday, May 21, 2018

6pm – 7:30pm

Whole Foods Market Paramus

Bergen Town Center

Read & understand food labels

Make healthy choices & avoid common mistakes

Spaces are limited!

Register with Marla Klein at

mklein@co.bergen.nj.us or 201-634-2693



**Community Health
Improvement Partnership**

OF BERGEN COUNTY

www.healthybergen.org